



We Improve Communication for Life

Common Signs of Hearing Loss

Socially:

- require frequent repetition
- have difficulty following conversations with more than 2 people
- think others sound muffled or like they're mumbling
- have difficulty hearing in noisy situations, like conferences, restaurants, malls or crowded meeting rooms
- have trouble hearing children and women
- have your TV or radio turned up to a high volume
- answer or respond inappropriately in conversations
- have ringing in your ears
- read lips or more intently watch people's faces when they speak with you

Emotionally:

- feel stressed out from straining to hear what others are saying
- feel annoyed at others because you can't hear or understand them
- feel embarrassed to meet new people or from misunderstanding what others are saying
- feel nervous about trying to hear and understand
- withdraw from social situations that you once enjoyed because of difficulty hearing

Medically:

- have a family history of hearing loss
- take medications that can harm the hearing system (ototoxic drugs)
- have diabetes, heart, circulation or thyroid problems
- have been exposed to very loud sounds over a long period or single exposure to explosive noise



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