



We Improve Communication for Life



What is Interactive Metronome (IM)?

IM is a training program that utilizes rhythm and timing to improve an individual's processing abilities affecting attention, motor planning, and sequencing. Motor planning and sequencing problems have been linked to a variety of developmental, behavioral, and learning challenges.

Clinical research on IM demonstrated gains in the following areas:

- Attention and Concentration
- Language Processing
- Behavior (Aggression and Impulsivity)
- Motor Control and Coordination
- Academic Performance

Who Can Benefit from IM?

Individuals ages 7 years or older who demonstrate difficulties with motor planning and sequencing, speech and language delays, motor and sensory disorders, learning deficits, and various cognitive and physical difficulties may benefit from IM.

Clients who have benefited from IM have included those with Sensory Processing Disorder, Asperger Syndrome, Autism Spectrum Disorder, and ADD/ADHD.

For More Information, contact:

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