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Still Ringing in the New Year?

More than 50 Million Americans Suffer from Tinnitus

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Columbus, OH - New Year's Eve has come and gone, but are you still ringing in the new year? Tinnitus is the medical term for the perception of sound in one or both ears or in the head when no external sound is present. It is often referred to as "ringing in the ears," although some people hear hissing, roaring, whistling, chirping or clicking. Tinnitus can be intermittent or constant, and its perceived volume can range from subtle to shattering.

If you experience tinnitus, you are not alone! More than 50 million Americans suffer from tinnitus. Of those, at least 12 million have it severely enough to seek medical help. People who suffer with constant tinnitus often feel they have no control, which can impact their sense of emotional well-being. This in turn may affect concentration, sleep patterns and anxiety levels.

Columbus Speech & Hearing Center's tinnitus program focuses on patient education. "We want to ensure that Central Ohioans suffering with this chronic condition know that while there may not be a cure for tinnitus, treatment and management options exist," said Karen Mitchell, Vice President and Director of Audiology & Hearing Aid Services at the Columbus Speech & Hearing Center.

For more information about tinnitus treatment options at the Columbus Speech & Hearing Center, call 614.263.5151 or visit www.columbusspeech.org.

Columbus Speech & Hearing Center, founded in 1923, is a non-profit United Way organization serving nearly 10,000 people annually. Services include hearing aids, hearing evaluations, speech therapy for children and adults, occupational therapy and treatment and vocational services for the Hard-of-Hearing, Deaf and Deaf-Blind through the Comprehensive Program for the Deaf and Ohio Deaf-Blind Outreach Program. Generous charitable giving from the community help offset the cost of the Center's valued services for low-income families.