

Simple Things Families Can Do to Help Their Child Become a Reader



- Read to and with your children for 30 minutes every day. It is very important to read out loud to your children before they start school. Help your children to read with you. Ask them to find letters and words on the page and talk with your children about the story.
- Talk with infants and young children before they learn to read. Talk with your children all day long, using short, simple sentences. Talking with them even before they can speak will help them later when they learn to read and write.
- Help your children to read on their own. Reading at home helps children do better in school. Have lots of children's books in your home and visit the library every week. Help your children get their own library cards and let them pick out their own books.
- If your child has a developmental delay, your child may find reading frustrating. Have books on tape in your home. Borrow or buy a tape player that is easy to work. If you cannot find recordings of your child's favorite books, you or a family member could make recordings of them for your child to listen to while looking at the books.
- Help your child to see that reading is important. Suggest reading as a free-time activity. Make sure your children have time in their day to read. Set a good example for your children by reading newspapers, magazines, and books.
- Set up a reading area in your home. Keep books that interest your children in places where they can easily reach them. As your children become better readers, make sure that you add harder books to your collection.



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- Give your children writing materials. Children want to learn how to write and to practice writing. Help them by having paper, pencils, pens, or crayons for them in your home. Help your children write if they ask you. If your child has a special learning or physical need, regular pens and pencils may not be the best choice. Ask your pediatrician or people who work with your child at school or at the child care center to suggest other writing materials your child can use.
- Read and write with your children in their native language. Practicing their first language will help your children learn to read and write English.
- Talk with your children as you do daily activities together. When you take your children places, talk with them about what you are doing and ask them questions. If your child cannot hear, use whatever form of communication your child usually uses.
- Ask your children to describe events in their lives. Talking about their experiences makes children think about them. Giving detailed descriptions and telling complete stories also helps children learn about how stories are written and what the stories they read mean.
- Restrict the amount and kind of TV your children watch. Watch educational TV programs with your children that teach letter sounds and words or give information about nature and science.
- Keep track of your children's progress in school. Visit your children's classrooms to learn how your children are doing in school and how you can help them become better students. Ask about the school's reading program or where your children need help.
- Become a learning partner/reading tutor to a child in your neighborhood or from your local elementary school. Volunteer to read with or to a child for 30 minutes a week for at least eight weeks. Take the child to the library to get him or her a card.



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