

Talk Tips To Go

February 2020



Article of the Month

The Power of a Point

By: Abbey Vielhaber



Why Is Pointing Important?

- Helps direct attention to what we see or are thinking about
- Helps bridge the gap between 1-2 word phrases

Why Do Children Point?

- To tell us something
- To ask a question
- To ask for something

How to Respond when your Child Points:

- Label what they are pointing at (ie: "A bird! It's flying!")
- Show them how to interact with that item/person (ie: "A little boy! Hi! What's your name?")

- Comment on the action happening (ie: "He fell down. Oh no! Are you ok?")
- If you do ask a question, follow it with a response (ie: "What do you see? Oh! It's a dump truck!")

For Children With Limited Words, Avoid Saying:

- "What is it?/Who is that?/What's that?/What's happening?" without also modeling a response
- "Oo, Wow, I see, Cool, etc" without adding information (ie: "Wow, a bird!" or "I see-he's going down the slide!")

Ways to Encourage Pointing:

- Popping bubbles
- Touching objects or model pointing at/touching objects in books
- Opening pop-up wipes containers
- Model pointing at things and naming the object or action

Therapy Share

Valentine's Day and Meaningful Communication Skills

By Katie Spreen

A day devoted to telling others why you love and appreciate them?!?! Valentine's Day is the perfect occasion to target communication skills while having fun with your kids! Here are some activities and communication tips to make your Valentine's Day extra special:



Bake cookies together!

- Often times in speech-language therapy, we target skills such as following directions, responding to questions, and labeling vocabulary. Why? Well, these skills are a part of typical development, yes. But more importantly, they are necessary daily life skills! Baking is a great way to target these skills in a meaningful way.
- Before starting, talk about what you are going to bake and read the recipe out loud to your child.

- Give your child specific 1-2 step directions. “Get the milk and pour it into the large bowl” or “Dump the chocolate chips into the large bowl and mix the ingredients together”.
- Ask your child where certain ingredients are found in your house and where they come from. “Where do we keep milk?” or “Where do eggs come from?”

Make a family photo book!

- Last year, I was shopping for a Valentine’s Day card to send to my nephew, Mason. After looking at a handful of cards, I decided that I should make Mason’s Valentine’s Day card. Mason loved getting a card in the mail from Aunt Katie and was surprised to open the card and find photos of his family! For a toddler, there is no better way to practice “talking” than when looking at meaningful photos.

Send a card to someone you love!

- I don’t know a 3 year old who doesn’t have a fascination with mailboxes, putting things into envelopes, and going to the post office. There is something about this process that sparks curiosity and imagination – I love it!
- Allow your child to pick a family member to send a card to. Talk about what is special about this person. Write down what your child says! For children that are not yet reading or writing, having an adult listen to them and write their words is powerful. It is a concrete way to convey “What you say matters to me.”

Enjoy and Happy Valentine's Day!



Last Month Around the Department

Dublin Schools Summer Program Fair

Summer is coming!

Three of our speech therapists attended the Dublin Schools Summer Program Fair at Dublin Scioto High school on Saturday, January 18 to share about our summer group programs. See below for more details regarding our summer group therapy programs.



Small Groups

10-Week Sessions: June-August



Tiny Talkers

For ages 18 months-3 years. Small group therapy program designed to improve speech and language skills as well as socialization with peers. Group meets once a week for a one hour session.



Talk It Up

For ages 3-6 years. Small group therapy program designed to improve speech and language skills as well as socialization with peers. Group meets once a week for a one hour session.



JAM

Ages 2-6 years. Jam is a dual group and individual therapy program for young children with language, peer interaction, or communication challenges. Group meets twice a week in a group setting for one hour, and once a week individually for 1/2 hour.



Motor Mouth

Ages 4-8, grouped by age. Enrichment group targeting speech sound production skills. This is a fun way to continue practicing speech sounds during the summer! Group meets once a week for a one hour session.



Fun with Friends

School-age children from elementary to high school, grouped by age. Small group therapy for children who experience challenges interacting with friends. Children will practice group problem-solving through games and activities to help improve group interaction skills. Group meets once a week for a one hour session.

To register or for more information call (614) 263-5151

Current Group Therapy Openings

Immediate openings in our JAM speech therapy group and our Tiny Talkers group!!



JAM is a dual small group and individual speech therapy

program for young children ages 2-6 years old with language, peer interaction, or communication challenges. Group meets twice a week in a group setting for one hour and once a week individually for 1/2 hour.

Tiny Talkers is a group therapy program designed to improve speech and language skills as well as socialization skills with peers. This group is for children ages 18 months to three years old and meets one time per week for one hour.

To find out more about our group programs check out our website www.columbuspeech.org or call 614-263-5151.

Build A Bear Sensory Friendly Event

Build -A- Bear is hosting Sensory- Friendly Events for the first Tuesday of every month for the first open hour at all Build-A-Bear locations.

- Dimmer lights
- Little to no music
- All ages welcome
- Step by step guide for families to plan their Build-A-Bear experience



[Click here to find out more.](#)



Kids Speech Squad Shirts for Sale!!

Want to rock a CS&HC's Speech Squad T-Shirt??

Feel free to stop by our Business Office any time to purchase a cute youth tee to help support our speech programs!

Thank you for supporting the center and our mission: To unlock potential for individuals with communication and vocational challenges through all stages of life.



Autism Diagnostic Clinic

Autism Diagnostic Clinic is currently scheduling evaluations for fall. Please call 614-263-5151 to schedule or ask any questions about our clinic.

[Click here to see CSHC's Autism Diagnostic Clinic Flier.](#)

[Click here to see red flags for Autism.](#)

Words of Wisdom

“The most important single ingredient in the formula of success is knowing how to get along with people.”

- Theodore Roosevelt

“The function of education is to teach one to think intensively and to think critically. Intelligence plus character- that is the goal of true education.”

- Martin Luther King Jr.

Mark you Calendars....

National Stuttering Association Meeting

This month's National Stuttering Association Columbus Chapter meeting will be at CS&HC on Thursday, February 6th, 2020 from 7-8 PM.

[Check out this flyer for more information about NSA.](#)





Meet and chat with a Speech-Language Pathologist from Columbus Speech & Hearing Center for a casual Q & A about your child's speech and language development and how you can naturally support your child's speech and development during every day routines and activities.



This Month's Chatterboxes are funded by a grant from the Siemer Family Foundation:

- Thursday, February 6th @ 10:30 AM-11:30 AM
 - Upper Arlington Library Tremont
- Thursday, February 13th @ 11:00 AM-12:00 PM
 - Worthington Park Library
- Thursday, February 20th @ 10:30 AM-11:30 AM
 - Grandview Library
- Thursday, February 27th @ 10:15 AM- 11:15 AM
 - Northwest Library - Worthington

Please contact Lora McConnell at (614) 261-5462 or lmcconnell@columbusspeech.org if you are interested in scheduling a Chatterbox event at your location!

Contract Speech Services for Schools

Columbus Speech & Hearing Center can contract with your daycare, preschool, elementary school, and/or high school to provide the following services:

- Yearlong Speech Therapy Services
- Speech-Language and/or Hearing Screenings



- Short-term Emergency Leave Coverage
- Extended School Year Services
- Educational Audiology & Hearing Aid Services
- Independent Educational Evaluations

For more information please call 614-263-5151.



Find out what is happening this month at Columbus Speech & Hearing Center by following us on Facebook.

[Click here to visit our Facebook Page](#)

Or



Check out our **"Words of Wisdom" Wednesdays** and our **"Therapy Share" Thursdays** on Instagram @columbusspeech.



COLUMBUS SPEECH & HEARING CENTER
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Click here to visit our
website!