

Talk Tips To Go

September 2020



Article of the Month

Activities to Celebrate Diversity

By: Natalie Day, MS, CCC-SLP

Every day, adults and children alike are learning how to be more inclusive and celebrate the beautiful diversity in our world. Here are a few activities to help you and your family listen, learn, and grow in this pursuit.

Read

- Reading books that have racially and culturally diverse characters help children see, learn about, and empathize with people who are different from themselves.
- Peekaboo Morning by Rachel Isadora is great for babies and toddlers.
- Amazing Grace by Mary Hoffman is a beautiful story of self-confidence.
- Whoever You Are by Mem Fox shows how children all over the world share joy and love despite living, speaking, and looking different from each other.

Crafts

- Craft projects will allow children to see and think about physical characteristics that make us all different. By creating these works of art themselves, they can take pride in them and appreciate the beauty in diversity.
- Use construction paper, foam sheets, or regular paper with crayons and markers to create paper dolls with varying skin tones. Give them hair, clothes, and personalities, and start playing pretend!
- Cut out hand prints in a rainbow of colors and/or skin tones and create a wreath. Hang it on your front door or in a window to share the love with your neighbors!

Play

Playing pretend and imagining that they are someone else can allow children to explore the hearts and minds of others, which helps them see things from their perspectives.

- Learn about people like Katherine Johnson, Duke Ellington, or Jesse Owens and play pretend!
- Play “Guess Who?” Give clues to help your child guess the person you are thinking of. Start with simple clues such as their favorite food or the color of their hair. This can help your child start to think about and appreciate what makes us all different, but also what we have in common!

[Click here to check out CSHC's Diversity Pinterest Page for more activities and ideas.](#)

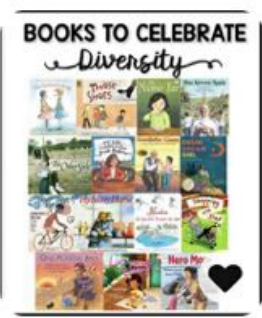
CHILDREN'S BOOKS FOR MIXED RACE KIDS



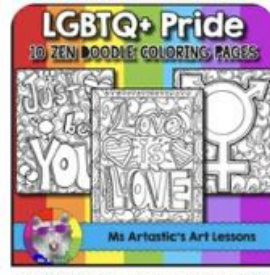
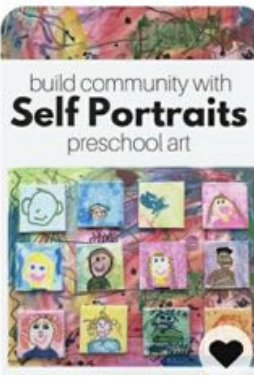
Leslie Terrell

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Leslie Terrell



Leslie Terrell



LGBTQ Pride Zen D... Jewelle



Jewelle



Sign of the Month

The sign of the month for September is the word "different". As we start this new school year this is a great opportunity to celebrate the diversity in our community. Teaching our children about similarities and differences helps them learn about the unique cultures and traditions of their classmates, teachers, and neighbors.



Words of Wisdom

“Always be on the
lookout for the
presence of wonder.”



- E.B. White

“What you get by
achieving your goals is
not as important as
what you **become** by
achieving your goals.”



- Henry David Thoreau

Mark your Calendars....

National Stuttering Association Meeting

September's NSA meeting will be a virtual Zoom on Thursday, September 3rd at 7 PM. Current NSA members will receive an email invite to this meeting.

If you are interested in attending your first NSA meeting please email Anna Lichtenstein at alichtenstein@columbusspeech.org.

[Check out this flyer for more information about NSA.](#)

[Click here to check out FRIENDS website for additional upcoming events this month.](#)



ASL - Baby Sign Language Class

We are excited to announce our new Baby Sign Language class starts this month on September 2nd!

Sign up today for our virtual Baby Sign class to help teach caregivers and babies, birth to two years old, to use signs to help increase and improve communication skills and decrease frustrations.

To find out more or to register
contract us at
asl@columbusspeech.org.



EMPOWER YOUR BABY
TO BE UNDERSTOOD WITH

BABY SIGN LANGUAGE CLASSES

Now Available at CSHC!

SIGN LANGUAGE HELPS BABIES EXPRESS THEIR
NEEDS AS THEY LEARN TO TALK!

- Reduces tantrums & frustrations
- Strengthens parent/infant bond
- Makes learning to talk easier
- Stimulates intellectual development

The poster features a pair of red scissors at the top right, a blue brushstroke at the top left, and a globe surrounded by colorful stick figures holding hands.

Fun Days to Celebrate this Month!!

1st- Random Acts of Kindness
2nd- World Coconut Day
5th- Play Outside Day
7th- Labor Day
8th- Grandparents Day
9th- Teddy Bear Day & Opposite Day
12th- Banana Day
15th- LGBT Awareness Day
16th - Play-Doh Day
18th- Read an eBook Day
19th- Talk Like a Pirate Day
21st- International Day of Peace
22nd- Ice Cream Cone Day
23rd- International Day of Sign
Languages
27th- International Day of the Deaf
29th- International Coffee Day

[Click here to find out more fun days
to celebrate.](#)

Go to alwaystheholidays.com or
holidayinsights.com for more fun
days to celebrate



Screenings and Chatterboxes

Columbus Speech & Hearing Center is offering Chatterboxes and
community and in center screenings for the fall.

If you are interested in talking with a license slp about your child's
development as part of our Chatterbox Program please email Lora

McConnell at lmcconnell@columbusspeech.org.

[Click here for more information regarding our Chatterbox program.](#)

If you are interested in scheduling a speech and hearing screening please contact Janel Niekamp at jniekamp@columbusspeech.org.

[Click here for more information on screenings.](#)

Contract Speech Services for Schools

Columbus Speech & Hearing Center can contract with your child care center, preschool, elementary school, and/or high school to provide in person or teletherapy speech services for the 2020-2021 school year.



Services may include:

- Yearlong Speech Therapy Services
- Speech-Language and/or Hearing Screenings
- Short-term Emergency Leave Coverage
- Extended School Year Services
- Educational Audiology & Hearing Aid Services
- Independent Educational Evaluations

For more information email lterrell@columbusspeech.org



Find out what is happening this month at Columbus Speech & Hearing Center by following us on Facebook.

[Click here to visit our Facebook Page](#)

Or



Check out fun recipes, experiments, and crafts on Instagram [@columbusspeech](#).

Dirt and Dinosaurs for Therapy Fun!!

Stomp on over to our Instagram page for fun activities to target speech and language skills. Last month our therapy shares included getting down and dirty in the garden with a dirt dessert and all things dinosaur for in person and

virtual therapy sessions.



COLUMBUS SPEECH & HEARING CENTER
columbusspeech.org | (614) 263-5151



Click here to visit our
website!